



CFL Activity Ideas

- Coastal Forest Lodge has a great selection of teacher/leader lead activities to choose from.
- Our activities are designed to fit in as rotation activities lasting about one hour. Group size 10 - 12 people.
- These activities are easy to conduct with a briefing provided by camp staff upon arrival and an instruction sheet.
- Worksheets are available for camp booklets. Simply copy those provided or bring loose sheets. **(Please ask Manager prior to arrival if you have not received worksheets)**.
- Some activities require materials to be supplied by the groups i.e. glue, scissors & pencils for arts / craft. **(If unsure please ask us before the camp commences)**.
- Groups are welcome to design their own activities and programs and we are happy to advise where possible.



ARCHERY

Undercover area, fun, educational, safe (confined area) with two targets, easy to conduct (assistance available), new equipment (securely stored), quick improvement by students after correct instruction, challenge/games can be introduced incorporating mathematics, individual and small group competitions are easy to organise.

LOW ROPES COURSE

Eleven elements, challenging and fun, professionally built and maintained by Outdoor Initiatives, safety briefing and instructions provided, builds confidence, cooperation, self-esteem and team work, increases motor skills and coordination.

EAGLES NEST

On the property and it is huge! A great attraction and wonderful teaching opportunity that can be part of a rotational activity program, easy to follow, guided walk with points of interest along the way, great to sketch & write about, lots of native wildlife, not to be missed!



ORIENTEERING

Challenging, fun, educational, easy to conduct (briefing provided), all set-up and ready to go, master sheets provided, students can work individually or in pairs, develops observations and map reading skills, variety of courses.

BUSHWALKS

Numerous choices- long and short from 2-5km including Eagles Nest, Boundary Rider, East and West Walks. Also National Heritage Heathland area across Forest Road and Flora Reserve across Gundrys Road or hike to Anglesea / Coogoorah Park for activities / picnic lunch and then complimentary bus back to camp. Ecologic can provide a guide for a small cost.

PHOTO TRAIL

Challenging, fun, educational, easy to conduct/teach (briefing provided, all set and ready to go, master sheets provided, students can work individually or in pairs/small groups, Develops observational skills and helps students become familiar with new environments, enhances communication and team work



INITIATIVE ACTIVITIES

Challenging small groups problem solving activities:

- *Spiders Web 2. Magic Hoop 3. All Aboard 4. Pole Shuffle*

Briefing and laminated instruction booklet provided, develops confidence, cooperation, later thinking and teamwork skills.

ART & CRAFT

Use natural material from the camp environment or a combination of natural and artificial materials (from school) to make: Nutty Creatures, Rock Monsters, Mobiles, Collages, Leaf Bookmarks, Drawings and sketches, Aboriginal dot painting, Kite making. Great rotational activity, ***schools need to supply all art/craft materials required.***

BUSH COOKOUT

This includes lighting a fire and damper preparation and cooking. This is a great afternoon or rotational activity. Produce is provided by arrangement with manager. Very popular and yummy! Helps develop fire safety awareness, environmental awareness and cooperative skills. Students must collect their own wood and cook their own damper and eat it too!

**** AVAILABLE SUBJECT TO FIRE RESTRICTIONS AND WEATHER CONDITIONS****

MINI GOLF



Ten hole undercover course that is challenging, colorful and enjoyable. Equipment is provided for six players at one time. Rules and score sheet

are provided. This is a relaxing rotational activity. Popular with both students and teachers! Award a certificate to the CFL mini golf champ from your group.



BUSH SHELTERS

Students construct bush shelters using natural materials. This is an enjoyable and challenging activity which promotes creativity and some common sense to make it stand. Helps develop teamwork, cooperation and communication skills. It promotes awareness of the natural environment – no damage/destruction policy – only use fallen timber, leaves, debris, ect and shelters **must be constructed in the designated area only**. Set the water test: See how water proof your shelter is?

YABBYING AND FISHING

This activity is available in the warmer months when creatures are biting. Information sheets are available onsite. This can be conducted as a rotational activity and equipment is available by arrangement. This is a fun activity encourages quietness, patience and some casting skills.

PETTING PADDOCK

We have some family farm animals that are eager to meet our guests. This activity can only be conducted under the supervision of CFL staff as there are specific guidelines to follow. **No person is to enter this paddock without permission**. This is a very fun and exciting activity. Come and meet Izzy and Ozzy our pet sheep along with Buck, Tank, Kira and Magic our very happy ponies. We also have two shy alpacas waiting to see you!

POST CARDS

Students can write postcards on the first evening to send home to their families. CFL will post them. Hopefully the cards reach home before the students do. This is a fun exercise to enhance communication and writing skills and a perfect wet weather activity.



AT NIGHT

Inside & Out

POSTCARD WRITING!!! (See above: postcards are supplied by CFL!), Night Hike, Tabloid Sports, Spotlight Tiggy, Table Tennis, Air Hockey, Concert/Red Faces, **HIGHLY RECOMMENDED Bush Hoedown by Ken Hooke: phone 5568 7286**, Disco, Stargazing, Campfire and marshmallows or hire Ecologic for an engaging range of educational night activities on site.

WET WEATHER

Tabloid sports, concert rehearsals, camp poster, diaries and postcard writing, art & craft, dancing, aerobics, word games & charades, video/dvd, min golf, archery, table tennis, air hockey.



LOCAL EXCURSIONS

Eco Logic Environmental Services

Phone: 5263 1133 Anglesea Based

Beach or bush – engaging and educational activities.

Great Ocean Road Adventure Tours

Phone: 5289 6841 Aireys Inlet based

Mountain bike riding and canoeing adventures.

Go Ride a Wave

Phone: 5263 2111 Anglesea based

Surfing, ocean kayaking, swimming, surf rescue and more.

Parks Victoria

Phone: 5263 3144 Anglesea Office

Westcoast Adventure

Phone: 5261 2241 Torquay & Anglesea
venues for surfing.

Narana Creations

Phone: 5241 5700

410 Torquay Rd Geelong VIC 3216

Email: narana@narana.com.au

Aboriginal Craft & Cultural Interpretation Centre

National Wool Museum

Phone: 5261 0701 Geelong

Excellent educational resource.

Surfworld Museum

Phone: 5261 4606 Torquay

Terrific for Upper Primary groups and above.

Marine Discovery Centre

Phone: 5258 3344 Queenscliff

Stimulating marine education programs for all ages.

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